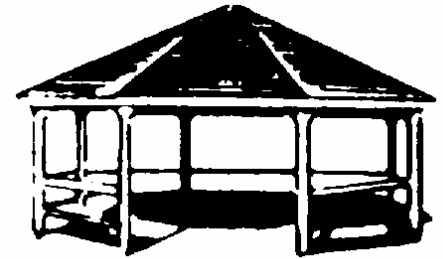


# Camp Pecometh Master Packing List



**What to bring...** This is camp – please bring old clothes! Be sure to label everything and check your camper's belongings when you pick them up. All forgotten items are given to charity each week. Please bring your belongings in a duffel bag, if possible. The floor space is limited and duffel bags fit nicely under a bunk bed or in a tent!

Health History Form	Towels / Washcloth	Toothbrush / Toothpaste
Sleeping Bag / Pillow	Flip Flops	Bandanna / Hat
2 one piece swimsuits	Water shoes	Shampoo / Soap
Socks / Underwear	Athletic shoes	Hairbrush / Comb
Jeans / Pants	Shorts	Sweatshirts
T-Shirts	Rain Coat / Sturdy Poncho	Flashlight
Sunscreen (at least SPF 15)	Laundry bag	Pencil / Paper
Insect Repellent (non-aerosol)	Camera (optional)	
\$20 - \$40 spending money (optional)		

For Leaps of Faith, Rock & Roll, and Wilderness Challenge... please remember to pack light, as there is limited space in the tents. You may also want to bring an air mattress or sleeping pad.

For Rock & Roll... you will also need your waiver for rock climbing and white water rafting, available at [www.pecometh.org](http://www.pecometh.org).

For Horseback Riding...please remember to bring the Worthmore Equestrian Center Waiver and boots with heels. Waiver is available at [www.pecometh.org](http://www.pecometh.org).

For Sailing on the Chesapeake... please remember to pack light, as there is limited space on the boats.

**Do not bring...**Electronics such as Walkmans, Discmans, radios, TVs, cell phones; comic books, video games, aerosol spray cans, weapons, food, or valuables. These may interfere with the program and are subject to confiscation until the last day of camp. Girls wearing revealing swimsuits will be asked to cover them with a t-shirt. We ask that girls dress modestly... no camisole tops, spaghetti straps, or revealing clothing. Please do not pack or mail candy, gum, or other foodstuffs for your camper. Gum is not allowed on camp, and snacks are available at the canteen. Food is not allowed to be stored in cabins or tents due to the potential risk of insect and/or animal problems!